



KEYNOTE SESSIONS

SESSION ONE: Who's Defining Your Womanhood? (Kristen Clark & Bethany Beal)

Finding purpose, worth, identity, and true joy are core desires of every girl. Sadly though, many of us are finding ourselves in a place that is void of the very things we long for. This is because we're looking to ourselves and the world for answers about our purpose, worth, and identity as women rather than God's Word. We need to remind ourselves that God is our loving creator and has an amazing plan for our lives as females. Our deepest desires will only be realized when we fully surrender our lives to God and get back to His timeless design for our womanhood.

SESSION TWO: Made to be Female on Purpose and for a Good Purpose (Kristen Clark & Bethany Beal)

From the beginning of time, God was extremely intentional in His good design for us as females. In order to fully accept and appreciate gender distinctions, we must dig deeper. We must grow in our view of the Creator. God cares so deeply for each one of us. His perfect plan in creating each one of us female is something we can learn to truly celebrate. The more we understand who God is, the more we will understand who we are, and the more we will understand that our female design isn't as much about us as it is about reflecting the incredible God who made us.

SESSION THREE: Hey Girl, Let's Bravely Take God at His Word (Betsy Gomez)

Betsy Gomez wrestled with God's Word and struggled to embrace His unique design for her womanhood. She had questions, doubts, and struggles. But as God began nudging her heart toward Him, He opened her eyes to see the beauty of His design for her womanhood. Betsy has been on a journey and she wants to share her story with you. Her story will challenge you to evaluate your own personal view of God and figure out what's keeping you from becoming a girl who bravely takes God at His Word.

SESSION FOUR: God's Relevant Design for the Modern Girl (Kristen Clark & Bethany Beal)

Regardless of how you feel right now about God's design for womanhood, we invite you to set aside all of your preconceived ideas and be daring enough to take an honest look at God's Word. Despite what modern society may tell you, God's design for womanhood isn't out of date but is completely relevant and relatable to us as modern girls. God loves us and wants to help us thrive as we understand the intentionality, uniqueness, and jaw-dropping beauty of His timeless design for our lives.

SESSION FIVE: Fearless Femininity Shaped by the Character of Christ (Betsy Gomez)

We're not just girls, we're *Christian* girls. As God's daughters, we're not here on this earth to make our name great, but to make His name great. Our femininity isn't about being powerful, in control, and self-sufficient, but about humbly submitting our lives to Christ, serving Him in all we do, and reflecting the amazing Creator who made us. God wants to change us from the inside out by exposing our pride and selfishness and instead shape our character into becoming girls whose hearts and lives are a powerful testimony of the God we worship.

SESSION SIX: Q & A Panel Discussion (Kristen Clark, Bethany Beal, Betsy Gomez, & others)

This down-to-earth panel discussion will address some of your most pressing questions regarding anything that is on your mind. With the Bible as their foundation for truth, Kristen Clark, Bethany Beal, Betsy Gomez, and others will bring you a variety of experiences and perspectives to the discussion, giving you helpful answers to your questions.

SESSION SEVEN: 6 Habits of a Strong Christian Girl (Kristen Clark & Bethany Beal)

There's often an unspoken narrative playing in our minds that goes something like this: *Christian girls shouldn't be strong. Christian girls should remain passive.* This is false. Very false. Christian girls are never called to be passive or wimpy. In fact, they are called to be the opposite. In this session, you will be challenged to view womanhood from a truly biblical perspective. You will leave with a greater understanding of what true feminine strength is all about and how to live it out for God's glory.

FRIDAY BREAKOUT SESSIONS

What to Look For in a Guy Besides "He's a Christian" (Paul and Morgan Olliges)

He's a Christian, he goes to church and he says he loves Jesus. Are there any other qualities that a single Christian girl should be looking for in a guy? Paul and Morgan definitely think so. In this session, they will unpack what they consider to be the most important qualities to consider in a boyfriend and future husband. Get your questions ready because Paul and Morgan will spend the final part of this session doing a Q&A with you.

Tips for Combining Fashion and Modesty (Bri Clark)

Any conversation about modesty has to start with the heart, not the hemline. Modesty is so much more than the clothes we wear. But at the same time, it's also about the clothes we wear. This relatable session will dig into Biblical truths about both sides of the modesty coin. Come be inspired and learn how to pursue a true heart of modesty, while also dressing fashionably and stylish at the same time.

True Beauty: Uncovering the Secrets to Lasting Worth

Having the perfect body, skin, and hair drives millions of girls down the same dead-end road of trying to find lasting worth in their outward appearance. But it never satisfies. We need something more. We desperately need gospel truth to change our hearts to view our identity through our Creator's lens. This session will do more than help you overcome your beauty insecurities, it will help you overcome yourself, and show you how to embrace the lasting beauty you've already been given as a precious daughter of God.

Using Your Single Years to Intentionally Serve God (Jasmine Jacob)

The season of singleness can be a hard season to navigate. It's hard to balance the desire for love, romance, and marriage while being intentional to serve God at the same time. If you have a desire for a relationship but want to live a life of purpose right where God has you, you don't want to miss this session. Come sit alongside dozens of other single ladies and be encouraged, challenged, and given practical insight for how to live an intentional life for Christ during the single years.

Navigating Friendships and Peer Pressure as a Teen Girl (Jillian Cameron)

I just want to fit it in. I don't want to be different! I want to be popular and liked. I just want to be cool and relevant. Have you ever had any of those thoughts run through your head? Wanting to fit in, have "cool" friends, and be liked is something every person wrestles with. You're not alone. This session will help you navigate these tricky areas as a teen girl and help you see your life, friendships, and choices from a gospel-centered perspective.

Finding Joy in Christ in the Midst of Suffering (Grace Brown)

Life doesn't always turn out the way we expect it to. We all face unexpected loss, health issues, relational struggles, disappointment, heartbreak and more. Knowing how to navigate these hardships in a healthy and biblical way can be very challenging. If you desire to have a hope-filled future (even if your circumstances never change) this session is for you. Come be encouraged by Grace Brown's personal testimony and the biblical truths that have sustained her in the midst of ongoing suffering.

FOR MOMS: Answering Your Questions - Q & A Panel (Heidi Baird, Susan Macias, Angie Beggs, Heather Boyle, and others)

These moms get it. They get what it's like to feel overwhelmed. They get what it's like to have questions. They get what it's like to want to give up. They get what it's like to raise daughters in the twenty-first century. Throughout their individual journeys of raising daughters, these moms have learned a few important things along the way. In this Q&A session, they are going to spend the entire forty-five-minute segment answering your biggest questions.

SATURDAY BREAKOUT SESSIONS

3 Inspiring Women from the Bible and What They Teach Us Today (Susan Macias)

The women in the Bible were no different than we are today. They faced fear, heartache, struggles, and difficult choices. Their lives are an open book for us to learn from today. This relatable session will remind you that God cares deeply about women and has a tailor-made plan for each of our lives. Come be encouraged, refreshed, and inspired by these biblical women and their real-life examples of faith, courage, and perseverance.

Serving God Through Missions and Orphan Work (Ellissa Baird)

Ellissa has had a heart for missions and orphan work ever since she was a little girl. Over the past few years, she's had the opportunity to spend multiple summers in China volunteering for an orphan advocacy program. Whether you're a teenager, single, or married, there are opportunities for each one of us to get involved in God's global work. In this session, Ellissa shares her own journey and gives you helpful information on how to get involved and take next-steps towards serving God through missions and orphan advocacy.

Understanding God's Timeless Design for Sexuality (Betsy Gomez)

Conversations about sexuality can often feel complicated and confusing. How do we navigate these topics in today's ever-changing society? Thankfully, the answers are found within the Creator's design. Your sexuality is a God-assigned reality. God created your sexual design on purpose and for a purpose. Learning to navigate this area of your life biblically will bring immense hope and freedom as you embrace the Creator's good plan for your life.

Why Our Modern Culture of Self-Love Is More Harmful than Helpful (Bethany Beal)

The messages of *self-love*, *follow your heart*, and *be true to yourself* are permeating our culture today. But this formula of looking inward to find value within our own goodness isn't working. Many of us are finding ourselves on a never-ending cycle of striving to be good enough but never measuring up. This is not what God intended for us. He never asks us to be enough or to love ourselves more. God sent Jesus to be enough for us. That's what the Gospel is all about. That's where true hope and lasting worth is found. If you desire to find lasting worth and identity in something, Someone, more sustaining than yourself, this session is for you.

5 Truths for Overcoming Crazy-Girl Emotions (Kristen Clark)

Do your emotions sometimes feel like a roller coaster of ups and downs? Do you ever feel so tightly wound up that you just want to scream? Do tears often seep into your pillow at night? If so, you're not alone. For most of us as girls, emotions can feel like our greatest friend one minute and our deepest enemy the next. Thankfully, God isn't surprised by this. He created us with emotions and wants to help us learn how to lead our feelings with the truth. This session will give you 5 biblical truths that will equip you to be a girl whose feelings are anchored in self-control, a sound mind, and rock-solid truth.

Navigating Relationships and Romance in a God-Honoring Way (Paul and Morgan Olliges)

The casual approach to dating has left so many young women asking the question, "How did I get into this mess?" Physical boundaries are being crossed, hearts are being broken, and trust is being lost. Paul and Morgan are here to show you a better way — a God-honoring way. As a young married couple, their desire is to take a biblical approach to relationships and romance and help others do the same. This session will bring you valuable insight as you learn how to navigate your current (or future) relationships in a way that is rooted in God's Word.

Pursuing Authentic Worship in the Midst of a Distracted Life (Heidi Baird)

Sometimes life can feel like a never-ending crazy cycle of busyness, deadlines, commitments, obligations, and to-dos. We sprint from one thing to the next until we crash in our bed feeling exhausted, frustrated, and lacking real joy. God has so much more for us than this. This session will help you step away from the crazy-life, and learn how to truly worship at the feet of Jesus. Come rest your weary soul and discover the true source for lasting peace and joy in the midst of your busy life.