

# 2021 GIRL DEFINED CONFERENCE

## KEYNOTE SESSIONS

### **SESSION ONE: Battling to Live in the Light (Kristen Clark & Bethany Beal)**

Every day feels like a new battle. A battle to know God in a real and personal way. A battle to be in the Word. A battle to shine bright for Christ no matter the cost. It's easy to let our guard down and allow the world to shape our views, beliefs, and values. It's easy to go with the flow and live as if Jesus isn't even a part of our lives. In order to shine bright for Jesus, we have to know Him personally and reflect Him in our lives. Matthew 5:14-16 says, "In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven." This is our calling as daughters of God. This is what we're battling for. This is what we're working toward together. Let's become a generation of girls who shine bright for Him!

### **SESSION TWO: Your Truest Identity Doesn't Come from Within (Kristen Clark & Bethany Beal)**

The word identity has become one of the biggest buzz words of our day. Our modern culture is passionate about spreading the message that our truest identity can be found within ourselves. We're told that who we are has nothing to do with God, but everything to do with us. As we live in the midst of this popular narrative, we need to remind ourselves that our truest identity doesn't come from within, but from within God's design for us. If we want to experience true freedom and confidence in who we are, we must look to our Creator to define us. He is a good and loving Father and has a beautiful design for our femininity. At the end of the day, our greatest joy and purpose doesn't come from within, but from knowing who we are in Christ, and then living faithfully in that identity for God's glory.

### **SESSION THREE: Living for Christ in the Face of Cancel Culture (Kristen Clark & Bethany Beal)**

Standing for biblical truth has become one of the most challenging things to do today. According to culture, if you're not on the "right side of history" on issues like identity and sexuality, you should expect to be shut down, bullied, and ultimately canceled. This is a difficult reality to face. In light of this, how can we, as Christian girls, live unafraid, unashamed, and courageous lives in the face of cancel culture? How can we speak truth in a loving, kind and gracious way...without giving up or giving in? In this session, Kristen and Bethany share their own personal experiences with cancel culture and challenge you to live for the approval of God alone. They unpack Romans 1:16 and show you how to point others to Christ no matter the cultural or political climate of the day.

### **SESSION FOUR: Becoming a Girl Who Really Knows the Word (Portia Collins)**

Most of us have more Bibles and biblical resources at our fingertips than we can count. But instead of studying God's Word for ourselves, we trick ourselves into thinking that a few encouraging spiritual posts on social media are enough to get us through life. As a result of this poor spiritual diet, we've become spiritually weak and vulnerable to believing anything that sounds positive and encouraging. We're unable to discern the difference between Biblical theology and false theology, so we believe lies without even realizing it. It's time for us to get serious about God's Word. It's time for us to rise up, put the spiritual snacks away, and begin filling our lives with the real meat of God's Word. Let's choose to become a generation of women who really know God's Word and faithfully apply it to every area of our lives.

## **MAIN STAGE Q&A PANEL: Kristen Clark, Bethany Beal, Portia Collins & Susan Macias**

This down-to-earth panel discussion will address some of your most pressing questions regarding anything that is on your mind. With the Bible as their foundation for truth, Kristen Clark, Bethany Beal, Portia Collins and Susan Macias will bring you a variety of experiences and perspectives to the discussion, giving you helpful answers to your questions.

## **SESSION FIVE: Let's Bravely Shine Bright Together (Kristen Clark & Bethany Beal)**

Life truly becomes free and beautiful when we understand that our entire existence is about shining bright for God's glory. He is our bullseye. He is our target. He is the reason we exist. This life is not about us. It's not about making our name great. It's about Him. Joining Kristen and Bethany on stage, are several young women who have chosen to shine bright in their own unique life's circumstances. You will be challenged and inspired as you hear stories from your peers who have rejected the cultural norms of the day, and instead have chosen to wholeheartedly shine bright for Christ!

## **FRIDAY BREAKOUT SESSIONS**

### **Biblical Womanhood 101: Understanding God's Good Design (Portia Collins)**

Portia knows firsthand how easy it is to buy into our culture's alluring version of modern womanhood. For years, she looked to the world to define her identity and purpose, which left her feeling broken and empty inside. But as she began to study God's Word for herself, she discovered a compelling and powerful version of femininity that was unlike anything she had seen before. In this session, Portia will unpack the basics of Biblical womanhood and help you discover your truest identity as a girl defined by God.

### **Best Tips for Using Social Media as a Christian Girl (Liza Proch)**

When it comes to social media, it's something that can be used for good or for bad. If you have TikTok, Instagram, Snapchat, Pinterest, Facebook, or Twitter, you know how tempting and time consuming these apps can be. So what's a girl supposed to do? Should she get rid of social media altogether? Should she keep it and strive to use it for good? Should she set boundaries for herself? This session will unpack your biggest social media questions and show you how to use it in a God-honoring way.

### **Navigating Romantic Relationships in a Christ-Centered Way (Alyssa Stephens)**

You meet a great guy. He's everything you've ever dreamed of. He speaks up and expresses interest in you. *Now what?* You both like each other, but what should the actual dating relationship look like? How can you honor God in the midst of infatuation and feelings? Thankfully, many godly couples have navigated this path before you and can offer immense wisdom and guidance along the way. In this session, Allyssa Stephens opens up about her own romantic relationship and shares insight into how she went from being "just friends" to an intentional dating relationship. You will walk away from this session with practical clarity on how you can go from liking a guy, to dating, to engagement, and even to marriage.

## **5 Ways to Practice Hospitality as a Single Girl (Dempsey Warren)**

In a day and age when it's become normal to frantically live life on the go, we've lost sight of what it means to slow and down and simply enjoy the relationships around us. The days of inviting a friend over for a cup of fresh coffee are considered a thing of the past. But Dempsey Warren disagrees. With a background in event planning and a heart for the gospel, she views hospitality as an incredible opportunity to invest in others and show them Christ's love. In this engaging and practical session, she'll leave you inspired and energized to bring the lost art of hospitality back into every season of your life.

## **How to Build Deep and Meaningful Friendships (Jasmine Jacob)**

Have you ever spent time with a group of friends and felt like it was a total waste of time? Maybe the group spent the entire evening gossiping or just talking about shallow things? Sadly, this has become the norm for so many Christian girls today. If you're longing for something deeper and more meaningful in your friendships, this session is for you. Jasmine has spent years investing into her friendships and learning how to love them in a genuine, authentic and Christ centered way. She will share her best tips to help you cultivate deep and meaningful friendships in your life.

## **[FOR MOM'S] Q&A Panel (Susan Macias, Heidi Baird, and others)**

These moms get it. They get what it's like to feel overwhelmed. They get what it's like to have questions. They get what it's like to want to give up. They get what it's like to raise daughters in the twenty-first century. Throughout their individual journeys of raising daughters, these moms have learned a few important things along the way. In this Q&A session, they are going to spend the entire forty-five-minute segment answering your biggest questions.

## **SATURDAY BREAKOUT SESSIONS**

### **3 Truths for Overcoming Fear, Anxiety and Worry (Kristen Clark)**

Have you ever found yourself lying in bed at night, wide awake, with your thoughts racing with worry and anxiety? Or maybe you've found yourself sick to your stomach as fear consumed your heart? Kristen has been there herself, and knows how crippling and discouraging these moments can be. In this candid and honest session, she'll share with you 3 Biblical truths that have personally transformed her life from being ruled by fear, anxiety, and worry, to instead finding complete freedom and courage in Christ.

### **Navigating Lust and Sexual Desire as a Christian Girl (Bethany Beal)**

Most every Christian girl has big questions about lust, purity, longings and sexual desire. Sadly, it can be very difficult to find Biblical help in this area. Instead of digging into God's Word and seeing the beauty and intentionality of His design, we often keep silent and just feel super awkward and shameful. In this session, Bethany breaks the awkward silence and unpacks God's beautiful and purposeful design in making us sexual beings. She reminds us that Hollywood didn't invent sex. God did. He made both men and women as sexual beings and it's a good thing. Bethany will spend the last portion of this session answering your most pressing questions about lust and sexual desire.

## **How the Gospel Shapes our Conversations about Race and Identity (Portia Collins)**

Conversations about race and identity have become such hot button issues in our society today that many of us feel confused and uncertain on how to approach them. We hear a lot of different messages from a lot of different voices...but who's right? Thankfully, God's Word holds the answers that we're looking for. So let's link arms together, as sisters, and learn from God's timeless and perfect Word on this important and relevant topic. Portia Collins is excited to show you how the gospel radically changes everything about race and identity, including our day to day conversations.

## **Is it Okay to take Practical Steps Toward Marriage as a Single Girl? (Jacqui Clark)**

If you're a single girl with marriage on your mind, have you ever wondered if there's anything you can do (or should do) to make marriage a potential reality for your current situation? And is it even Biblical to hold marriage with an open hand before God, while also taking practical steps to make it happen? Jacqui has wrestled with these exact questions herself. As a single woman in her later twenties, she is learning what it means to fully trust God with her future, while also being intentionally proactive in the present. Don't miss this unique and fun session as Jacqui brings encouragement from one single sister to another.

## **Learning to Prioritize Authentic and Undistracted Worship (Heidi Baird)**

Let's stop the exhausting daily facade like pretending we've got it all together. Instead, let's get honest about the realities and hardships of life. Let's bring our struggles to the surface so that we can get true help. In this session, Heidi Baird will help you regroup, reevaluate, and take inventory on your relationship with the Lord and allow God to dig deep into your heart. She will show you how to allow God into the secret places of your heart and learn to prioritize the one most necessary thing... true, authentic, unhindered, undistracted worship!

## **How to Study the Bible and Absolutely Love it (Susan Macias)**

Have you ever felt discouraged in your lack of passion and commitment to God's Word? If so, you're not alone. Susan Macias has felt this way many times herself. But she didn't give up. The more she learned how to study the Bible for herself, the more she discovered that this Book is anything but boring. She has watched God's Word consistently transform her life and shape her heart, and she wants that for you. In this life-giving session, you'll discover the joy, hope, beauty that comes from learning to study God's Word for yourself.

## **Becoming a Girl Who's Faith Radically Transforms the Way She Lives (Emma Wagner)**

Emma knows what it's like to grow up in a great household, attend church, youth group, and all of the "christian" things. Although she grew up in a christian home, she didn't have a true intimate relationship with Jesus or a solid understanding of the gospel. This negatively impacted Emma's life as she graduated high school and entered the college scene. Emma shares openly and honestly about her struggles with sexual sin, anorexia and her journey in the bodybuilding world. All of this led to a breaking point in her life where she truly came to know the Lord in a way that radically transformed the way she lived. In this session, Emma will show you how to make your faith your own and live it out in your everyday life.