



## MAIN SESSIONS

### **Session 1: Rethinking Hollywood's Version of Romance**

We live in a culture where Hollywood's self-centered and feelings-based version of love characterize most modern relationships. As a result, so few women experience long-term, satisfying love. This session will uncover the devastating effects of pursuing love according to our modern culture instead of God's timeless Word.

### **Session 2: God's Original Design for Love and Marriage**

Despite what pop culture promotes, God is the creator and designer of true love and romance. Since God designed it, He is only one who has the authority to define it. This session will help you gain a biblical understanding of love, romance, and lasting relationships as we dive into God's original design for marriage.

### **Session 3: A Christ-Centered Approach for Relationships**

When it comes to beautiful love stories, the Bible is filled with them. God's Word contains more wisdom and insight for our love lives than all the relationship-advice-books combined. By looking to the Bible for help, you will discover a more purposeful approach to romantic relationships. This inspiring session will unpack 5 wisdom-based principles for pursuing Christ-centered relationships.

### **Session 4: What True Love and Lasting Commitment Look Like**

In a culture where unconditional love and lasting commitment have become nearly obsolete, we need a renewed vision of what a godly marriage looks like. Yvonne Welch has been married for over five decades and is still in deeply-in-love with her husband, Bob. She has learned what it takes to build a vibrant marriage that lasts. With the grace of Christ as her anchor, Yvonne will share priceless insights for what true love and lasting commitment look like.

## **Session 5: Q & A Panel Discussion**

This down-to-earth panel discussion will address some of your most pressing questions regarding romance and relationships. With the Bible as their foundation for truth, Kristen Clark, Zack Clark, Bethany Baird, and Yvonne Welch will bring a variety of experiences and perspectives to the discussion, giving you helpful answers to your questions.

## **Session 6: Choosing to T.R.U.S.T. God with Your Love Life**

Trusting God with your love life is an essential step toward finding satisfaction. The more you surrender and entrust your desires to the Lord, the more joy-filled and content you will become. Trusting God is one of the simplest yet most difficult concepts to actually live out. In this final session, Kristen and Bethany will equip you with the Biblical truths needed to thrive as a single woman by breaking down the T.R.U.S.T. acronym.

## **BREAKOUT SESSIONS**

### **How Do You Know if He's "The One?"** (Kristen and Zack)

You like him and he likes you...but how do you know if he's the "the one?" Instead of relying solely on emotions and feelings to figure out the answer to this important question, Kristen and Zack will share with you a simple, yet wisdom based approach for navigating this question. Using their own love story as the backdrop, they'll show you how "discerning the one" isn't as mysterious and confusing as we often make it out to be.

### **Going about Romance in a Purposeful Way** (Bethany Baird and David Beal)

One of the most common questions that single women often ask is, "How do I go from being single to getting married in a God-honoring way?" The process can often seem overwhelming and totally confusing. That is why Bethany and David are opening up and sharing the inside scoop on their relationship journey. They will share everything that they've done up until this point and will equip you with practical tools to confidently navigate your own relationship journey.

### **Preparing Now for a Christ-Centered Marriage** (Yvonne Welch)

With over 50 years of marriage experience, Yvonne is an expert on the topics of love and relationships. She has learned what it takes to build a beautiful marriage that is filled with true love, faithfulness, and romance. If you've ever wondered what it really takes to build a Christ-centered marriage, Yvonne is going to share three truths that have made all the difference in her own marriage and will make all the difference in your future marriage as well.

### **Guys and Crushes: Keeping Christ at the Center of Your Desires** (Mindy Mukolwe)

What is a girl supposed to do when she can't stop thinking about a guy — when she can't stop dreaming about him? Mindy knows exactly what this feels like. If you desire to leave the guy obsessions behind and instead turn your affections toward God, Mindy will show you how. As a single woman herself, Mindy has seen God transform her own heart from one that idolized guys to one that pursues Christ wholeheartedly. In this down-to-earth and insightful session, she'll teach you how to do the same.

### **FOR MOMS: What I've Learned from Raising Five Daughters** (Heidi Baird)

From pigtails and bows, to teenage makeup and crushes, to engagements and wedding planning, Heidi has been through it all when it comes to raising daughters. With 35 years of mothering under her belt (with five daughters and three sons) God has taught her a lot throughout this journey. Looking back on God's faithfulness over the years, Heidi is excited to share with you personal insights into what she's learned (and what she would do differently) in raising modern daughters for God's glory.

### **FOR MOMS: The Power of Praying for Your Daughter's Heart** (Susan Macias)

Rather than spending your time, energy, and emotion worrying over your daughter's future, Susan Macias wants to offer you something much more powerful. *Prayer*. With four daughters of her own (and three sons), she has learned that faithful and consistent prayer for her children has been more influential in their lives than all of her nagging combined. Using Philippians 1, Susan will show you how to put your trust and confidence in God by seeking Him to do the work in your daughter's heart.