



KEYNOTE SESSIONS

SESSION ONE: Girl of the World or Girl of the Word?

Without even realizing it, many of us are taking our cues from the world around us rather than from God's Word. Our ideas, beliefs, and worldview are often a reflection of pop-culture rather than God's timeless truths. Instead of being grounded in God's Word, we find ourselves passively tossed around by every new wave of thinking.

SESSION TWO: Being a Girl Who Fearlessly Pursues God's Word

If we want to become fearless women who know God's Word, we have to study it for ourselves. We need to become women who anchor our lives in sound doctrine that runs deeper than our emotions and personal preferences. Just like the Bereans in the New Testament who diligently searched God's Word for answers, we need to be women like them who fearlessly pursue God's truth.

SESSION THREE: How The Gospel Makes us Strong Women

Most of us want to be considered strong women. But what does it mean to be truly strong in God's eyes? The reality is, in and of ourselves we don't have much to offer. But as the Gospel of Jesus transforms our lives from the inside out, He fills us with strength and boldness beyond our imagination. Through Him, we are empowered to become strong women who live bold and unapologetic lives for God's glory.

SESSION FOUR: Are You Living to Be Liked or Living to Please God?

It's easy to follow God's Word when everyone around us agrees with it. But what happens when we find ourselves standing alone? When we're the only ones chasing God's truth? How do we respond when the world mocks God's Word? This is where the rubber meets the road. Will we fearfully live for the approval of others, or will we confidently live to please God alone?

SESSION FIVE: Making God the King of Your Heart

With so many things competing for our affection each day, it's easy to put God on the back-burner. Sure, we go to church each week, but we find ourselves spiritually dry and disinterested in God's Word. Without even realizing it, the good things in our lives (i.e. school, work, hobbies, friends, relationships) have turned into idols. This powerful session will expose the idols of our heart and show us why true contentment is only found when God is the King of our heart.

SESSION SIX: Q & A Panel Discussion

This down-to-earth panel discussion will address some of your most pressing questions regarding romance and relationships. With the Bible as their foundation for truth, Kristen & Zack Clark, Bethany & Dav Beal, Yvonne Welch, Mindy Mukolwe, and others will bring a variety of experiences and perspectives to the discussion, giving you helpful answers to your questions.

SESSION SEVEN: Let's Bravely Chase Truth Together

God is calling us, as modern Christian women, to rise up and be a generation who bravely chase His truth. He is calling us to be women who live all-in for Christ. Women who live for the applause of King alone. As we link arms with the sisterhood around the world, we're reminded that we're not in this battle alone. We only get one life on this earth, so let's make it count for eternity!

FRIDAY BREAKOUT SESSIONS

Getting to the Heart of Your Guy Obsession (Kari Kurtz)

You like him. You can't stop thinking about him. You obsess over him. This is the reality for many Christian girls...but it doesn't have to be this way. In this down-to-earth session, you will discover what's at the heart of your guy obsession, and how to find lasting satisfaction in Christ instead.

How to Find Joy in the Midst of Suffering (John & Liz Kraemer)

Suffering is something all of us will experience at some point in our lives. Whether it's an ongoing health issue, family complications, relationship struggles, or something else, we will all face some sort of suffering. As a young newly married couple, John and Liz came face-to-face with their own set of suffering. Over the past two years, God has been teaching them the paradox of choosing joy in the midst of daily suffering. In this session, they will show you how to choose joy no matter your circumstances.

When You Love Food too Much or too Little (Jamie Mershon)

You love food. You hate you food. Your inner battle to keep food in its proper place is something you desperately want help with. This is exactly what Jamie wrestled with for many years. She understands in a very personal way what it looks like to struggle with an eating disorder and ultimately find victory in Christ. In this session, she will share her own personal story and give you biblical tools to help you find victory in Christ as well.

Navigating the Path from Singleness to Marriage (Max & Bri Clark)

As you look around at young married couples today, have you ever wondered, "how did they meet?" Or, "how did they know they wanted to get married?" Or, "what did their relationship process actually look like?" If you've ever wondered any of those questions, you're in for a treat! In this session, Max and Bri will share snippets from their dating relationship and show you how they went from singleness to marriage. If you desire to build a Christ-centered relationship and marriage someday, you'll find their insight and advice extremely helpful.

Using Social Media in a God-Honoring Way

When it comes to social media, it's something that can be used for good or for bad. If you have an Instagram, Snapchat, Pinterest, Facebook, or Twitter, you know how tempting and time consuming these apps can be. So what's a girl supposed to do? Should she get rid of social media altogether? Should she keep it and strive to use it for good? Should she set boundaries for herself? This session will unpack your biggest social media questions and show you how to use it in a God-honoring way.

FOR MOMS: Answering Your Questions - Q & A Panel (Heidi Baird, Laurie Renfro, Gloria Guerra and others)

These moms get it. They get what it's like to feel overwhelmed. They get what it's like to have questions. They get what it's like to want to give up. They get what it's like to raise daughters in the twenty-first century. Throughout their unique journeys of raising daughters, these moms have learned a few important things along the way. In this live Q&A session, these moms are going to spend the entire forty-five-minute segment answering your biggest questions.

SATURDAY BREAKOUT SESSIONS

Discovering God's Good Design for Sexuality (Mindy Mukolwe)

Conversations about sexuality can often feel complicated and confusing. How do we navigate these topics in today's ever-changing society? Thankfully, the answers are found within the Creator's design. Your sexuality is a God-assigned reality. God created your sexual design on purpose and for a purpose. Learning to navigate this area of your life Biblically will bring immense hope and freedom as you embrace the Creator's good design.

3 Truths to Defeat Social Fear & Worry (Ellissa Baird)

Ellissa understands what it's like to fear people. She understands the worry and anxiety that can come from social gatherings. Over the past few years, Ellissa has intentionally sought out biblical counsel for this area of her life and has grown immensely. She has found true freedom from her fears and she wants to help you do the same. This session will equip you with biblical truths to conquer social fear and worry and teach you how to enjoy genuine relationships with others.

Finding Spiritual Rest in the Midst of an Overwhelmed Life (Yvonne Welch)

Yvonne Welch found herself several years into marriage and totally exhausted. She was emotionally, mentally, and physically drained. She was overwhelmed and in need of much physical and spiritual rest. The lessons Yvonne learned from this season of her life completely transformed her future and shaped her into the godly woman that she is today. In this session, you will learn how to balance your schedule, prioritize your relationship with God, and how to have a personal devotional time that leads to genuine spiritual rest.

Our Journey of Trusting God Through Disappointment and Unfulfilled Longings (Kristen and Zack Clark)

When Kristen and Zack got married back in 2011, they never would have anticipated what their future held. Two miscarriages and 8 years of infertility later, they've learned firsthand what it means to trust God through disappointment and unfulfilled longings. If you have experienced any form of unfulfilled longing in your own life, you know how challenging and confusing it can be. In this honest and personal session, Kristen and Zack will share the behind-the-scenes of their own journey of learning to trust God more fully, and how you can find peace and joy in the midst of your own unfulfilled longings.

Newlyweds Answer Your Questions about Love, Purity, & Marriage (Bethany and David Beal)

In a world filled with confusing messages about love and romance, it can often feel difficult to view relationships in a biblical way. Bethany and Dav vividly remember the hours upon hours of talking through the nitty-gritty details of love, purity & marriage. They've answered questions like, "what does purity look like in a dating relationship" and "how can we best prepare for marriage?" and "what does it take to have a really good relationship?" In this up-close and personal session, Bethany and Dav will answer your biggest questions about love and romance, as well as give you a list of their favorite resources to help you into the future.

FOR MOMS: Fighting for Joy When Motherhood is Hard (Susan Macias)

As a Christian woman, wife, and mother of seven, Susan knows firsthand how the fight for joy and the battle for hope can often drain the energy needed for each day. She gets it. No matter how many kids you have or the season of life you're in, mothering is hard work. In this session, Susan will show you why motherhood is worth the fight. She'll show you how to find joy in the midst of your bone-weary days. This session will leave you feeling encouraged and strengthened in the Lord and will remind you that Jesus is your ultimate hope.

FOR MOMS: Being a Mom Who Chases Truth for Herself (Heidi Baird)

Heidi is a wife to one, mom to eight, and grandma to three. She knows the reality of those crazy-busy seasons where you're running your kids all over town and attending a million different activities. She understands how easy it can be to neglect your spiritual life in order to take care of practical needs. Over the years, Heidi has learned that chasing truth for herself is one of the most important things she can do. If she is filled up in the Lord, she has an overflow to pour into her family. If she is empty, then she has nothing to offer. This session will give you practical tools needed to dig into God's Word and have a rock solid devotional time for yourself. You will leave with a list of recommended devotionals, studies, and resources that will enable you to continue chasing truth in your own life.

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